

BREAKFAST

Served from 7AM to 11 AM
buffet-style

HOT DRINKS

Lyon Coffee Roaster: 

Black, Milk, Cappuccino,
Expresso, Decaffeinated

English Tea Harney & Son or Tisane

Hot Chocolate

Hot Milk or Soya Milk 

FARM DAIRY PRODUCTS

Plain Yogurt 

Yogurt with fruits: 

Blueberry, Raspberry, Apricot

White cheese 

Cheese: Comté, Morbier... 

Butter: plain or semi-salted 

SALTY PRODUCTS

Artisan Charcuterie from Lyon 

Eggs :  

Hard boiled, Fried, Scrambled, Omelette

FRUITS

Apple Sauce  

Seasonal fruit Salad 

Dried Fruits 

COLD DRINKS

Orange Juice

(freshly squeezed)

Artisanal fruits juices 

Cold Chocolate or Milk

BREAD AND PASTRIES

Baguette 

Special Breads 

Croissant, Pain au chocolat 

Brioche 

Madeleine 

CEREALS

Corn flakes 

Krounchy  

Muesli  

SIDES AND SPREADS

Regional Jams 

Hazelnut Spread  

Honey 

Maple Syrup 



Local



Bio



Gluten free

Our breakfast is certified



écotable®