

BREAKFAST

Served from 7am to 11am in the form of a tray in the room or in the dining room subject to availability

DRINKS



Hot

Coffee "Gonéo" Lyon coffee roaster : black, milk, cappucino, expresso LOCAL

Decafeinated coffee pods "Goneo" LOCAL

English tea Harney & Son 1% for planet:

Black tea: Earl Grey, English Breakfast

Green tea: Japanese Sencha, Organic Citron

Tisane: lime tree, verbena

Hot chocolate

Hot milk

Cold

Orange juice BIO Artisanal apple juice LOCAL Cold chocolate

BREADS AND PASTRIES FROM FRANCE



Baguette

Cereal bread

Bread

Croissant

Chocolate bread

Madeleine

Pancake

CÉRÉALES



Cérales BIO

Corn Flakes BIO

Krounchy BIO

Muesli BIO





BREAKFAST

MILK PRODUCTS



Plain yogurt* "Malo" produced in Brittany

Yogurt with fruits from "Mère Richard": blueberry,

raspberry, apricot LOCAL

Fromage blanc* (white cheese)

Dry cheese from "Mère Richard": Comté LOCAL

*Milk from France

SALTY PRODUCTS



White ham

Serrano ham



Eggs N°1: hard boiled, scrambled, omelette

FRUITS



Applesauce BIO

Fresh fruit in season

ACCOMPAGNEMENTS



Jams: strawberry, raspberry, blueberry

or apricot LOCAL

Butter from France: plain, semi-salted

Spreads BIO

Honey вю

Maple syrup BIO

Bulk sugar

Canderel

